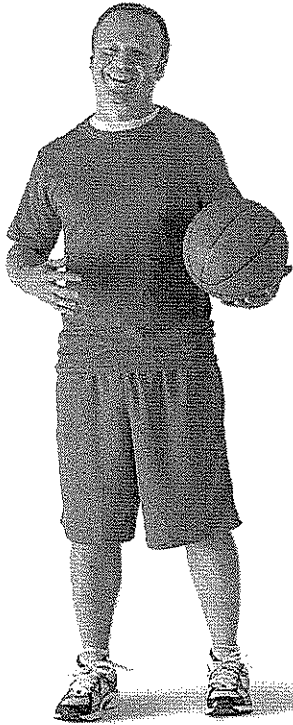


# ADULT SPORTS



\_\_\_ **Adult Pick Up Volleyball** Sundays 4pm-6pm  
(Free for Memb, \$3 for Non-Memb)

\_\_\_ **18+ Pick Up Basketball** Wednesday 7:00pm-9pm o  
Thursdays 7:00-9:00pm (Women Only) or  
Monday-Friday 5am-7am (Free for Memb, \$3 for N/M)

\_\_\_ **Men's 35+ Basketball League** Tuesdays 7pm-9pm  
(\$35 Memb, \$55 Non-Memb PER SEASON)

**Men's Flag Football League** Saturdays 8am-11am  
(\$395 PER TEAM (10 players), PER SEASON)

Register using the team roster form!

**Pre-season Registration Required For League Play!**

Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Team Name \_\_\_\_\_ Captain \_\_\_\_\_

I am at least 18 years of age. I hereby certify that I am in normal health and capable of safe participation in this sports program. I assume all risks and hazards of this program and for the transportation to and from this program. I hereby authorize the YMCA to obtain medical treatment for me in the event that I am not able to myself/my emergency contact can not be reached. I understand this is a recreational league. I will conduct myself in a manner that is consistent with the YMCA core character values of Honesty, Respect, Responsibility and Caring. I will not intentionally hurt or be disrespectful to any player or referee. I will not argue with referees or opposing players. I understand that I may be suspended and/or removed from the league without refund at the discretion of the management if I violate the rules stated above.

Signature \_\_\_\_\_ Print \_\_\_\_\_ Date \_\_\_\_\_



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

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