

# EXTREME HEAT

## All Star Cheer & Dance

### 2011-2012 \*TENTATIVE\* Teams & Practice Schedule

	<u>Tiny 1</u>	<u>Youth 1</u>	<u>Youth 2</u>	<u>Senior 2</u>	<u>Senior 3</u>
<b>Monday</b>			5:00-6:45	6:15-8:00	
<b>Tuesday</b>	5:00-6:15	5:00-6:15			7:30-9:00
<b>Wednesday</b>			5:00-6:45	6:15-8:00	
<b>Thursday</b>		5:00-6:15			7:30-9:00
<b>Friday</b>	Open Tumbling: Beginners – 4:30-5:30, Intermediate/Advance – 5:30-6:30				

*Tiny – ages 5 & under, Mini – ages 8 & under, Youth – ages 11 & under, Junior – ages 14 & under, Senior – ages 18 & under*

- ❖ All practices are subject to change.
- ❖ Additional practices can be added at the discretion of the coaches if seen fit.
- ❖ ALL PRACTICES ARE MANDATORY. If too many practices are missed by an individual, their spot on that team or in the program is subject to change!

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